

## PURPOSE OF MEDITATION

*Proverbs 4:20 My son, attend to my words; incline thine ear unto my sayings.* The “sayings” will only come after you apply the principals that follow *Jeremiah 29:12 Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. 13 And ye shall seek me, and find me, when ye shall search for me with all your heart.* Whole-hearted-sacrificial and diligent seeking as you yield first place in your life, to God, followed by repentance, through believing **action** toward His-kingdom purposes will result in revelation secrets known as “sayings” being revealed. The “revelation-saying” is free, but very costly! It goes beyond the intellect, in fact it is against it, requiring trust and faith towards what will be heard from God of the unseen. In God’s realm His standard is exclusive to the restoration of the “oneness-relationship” that was lost when Adam disobeyed and died spiritually as he lost “oneness with God.” To regain “oneness” we must reestablish God’s trust in us through our repentance of our ways and thoughts to being truthful and holy while believing that which He will speak; this in turn, gives His righteousness which yield supernatural benefits. The bottom-line is this, it restores your hearing from God. You will have supernatural results as you hear and do what God is saying.

### Things Preventing Hearing from God

- **Not being a born-again member of the Body of Christ (hearing God is an exclusive family benefit)**
- **Being born again but backslidden...walking consistently in the ways of the world**
- **A few “ways of the world” are: Not learning of God, not praying, adultery, fornication, not forgiving others, not tithing and giving offerings to the Lord, not being in regular fellowship with believers, lying, being a false witness toward others and not being attached to your calling.**

The following are three often quoted scriptures regarding meditation along with their authors. They are (Joshua) *Joshua 1:8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written good therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.* (David) *Psalms 1:1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. 2 But his delight is in the law of the LORD; and in his law doth he meditate day and night. 3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper;* and (Paul) *1 Timothy 4:15 Meditate upon these things; give thyself wholly to them; that thy profiting may appear to all.* An especially important issue with each of these persons that wrote the given scriptures is, they all had a particularly good relationship with God through knowledge, obedience, righteousness, diligence, humility, praise, worship, faith, and prayer. These same elements must be found in you also, in order to reap God’s benefits through meditation.

### Below are steps that lead you to receiving “God’s sayings”

- **Waiting on the Lord: *Isaiah 40:31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.***  
The word wait does not mean that time was spent by person A until person B arrived.

- Check out what words within the scripture mean: In the Strong's concordance wait **H6960** means to **qâvâh**, kaw-vaw'; a primitive root; **to bind together (perhaps by twisting)**, i.e. collect; (figuratively) to expect:—gather (together), look, patiently, tarry, wait (for, on, upon). As you **spend time** with God's word to memorize, focus attentively, with diligence and obedience along with searching out in study, the meanings and application of words in the context of the scripture, you'll get deeper and further clarification of what God is communicating. In context means that which is surrounding what was said. One must therefore look at words or scriptures before and after the scripture being meditated. Note the two men's thoughts regarding children revealed in two sentences that are almost identical but oppose one another due to words in the context of the sentences. "*He doesn't like to see children hurt.*" "*He doesn't like to see children.*" You can easily see the one word, **hurt**, taken out of the context of the sentence changes the entire meaning. So, it is with getting the understanding of the words in the context of scriptures or those before or after a given scripture.
- Correction through repentance: **Proverbs 1:23 Turn you at my reproof: behold, I will pour out my spirit unto you, I will make known my words unto you. 2 Chronicles 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.** Note in both scriptures what happens as one turn at God's correction (reproof) or turn from their wicked ways (repentance), God then makes His word known to them and also restores what was lost or in need of repair.
- God brings one out of darkness into light which is understanding: **Genesis 1:2 And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters. 3 And God said, Let there be light: and there was light. 4 And God saw the light, that it was good: and God divided the light from the darkness. Psalm 119:130 The entrance of thy words giveth light; it giveth understanding unto the simple.** The earth being in darkness related in Genesis 1:2-3, refers to disorder and chaos as mentioned in the early chapters of the book that was corrected when God brought in the light. In Psalm 119:130 once God speaks a "word" to you, you are brought out of darkness through the understanding, which is light, that the word brings with it to your circumstances.
- Once out of darkness, God restores the mind: **Psalm 23:1 The LORD is my shepherd; I shall not want. 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters. 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.** **Still** means in the Strong's Concordance H4496 **m<sup>o</sup>nûwchâh**, men-oo-khaw'; or מנוחא מ<sup>o</sup>nuchâh; feminine of **H4495**; repose or (adverbially) peacefully; figuratively, consolation (specifically, matrimony); hence (concretely) an abode:—comfortable, ease, quiet, rest(-ing place), still. **Restore** means to recover, return or recompense. Otherwise the Lord brings the mind back to where it was before the fall of Adam.
- Coming into the secret place: **Psalm 91:1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. Dwelleth** refers to inhabit, abide in, to marry or become one, to remain. The **secret place** is the hiding place of God's covering and protection.

- Getting God's Higher thoughts and ways: *Isaiah 55:8 For my **thoughts** are not your thoughts, neither are your ways **my ways**, saith the LORD. 9 For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.* God's thoughts have His purposes, His cunning inventions that were planned with His ends in mind before the foundations of the world were made. They are therefore far superior to ours. His ways again are superior and predetermined based on God's moral character.
- Introduction to the mysteries of God's mind: *1 Corinthians 2:6 Howbeit we speak wisdom among them that are perfect: yet not the wisdom of this world, nor of the princes of this world, that come to nought: 7 But we speak the wisdom of God in a **mystery**, even the hidden wisdom, which God ordained before the world unto our glory: Romans 8:26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. 27 And he that searcheth the hearts **knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.*** The mysteries of God (the secret counsels which govern God in dealing with the righteous, which are hidden from ungodly and wicked men but plain to the godly) have been reserved for us from the foundations of the world and effective meditation brings us to them. Prayer and especially prayer in the spirit, opens the way into God's thoughts of His mind which our intellects are not privy to, as God speaks through our spirit by His Spirit which knows His Almighty thoughts.
- Now, with God's thought technology we can exercise our contemplations with God's cell phone technology



of the 21<sup>st</sup> century as compared to the 19<sup>th</sup>: *Proverbs 23:7A For as he thinketh in his heart, so is he: Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.* Once your thinking becomes God's thinking, you get His results and you begin to be led of God in every issue in your life. *Proverbs 16:3 Commit thy works unto the LORD, and thy thoughts shall be established. Romans 8:14 For as many as are led by the Spirit of God, they are the sons of God.*

- *Matthew 6:19-24 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your **treasure** is, there will your **heart** be also. The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light. But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness! No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.*

**TREASURE:** *thēsauros*, tha-sau-ro's, **G2344**, the place in which good and precious things are collected and laid up A. a casket, coffer, or other receptacle, in which valuables are kept B. a treasury C. storehouse, repository, magazine

**HEART:** kardia, kär-de'-ä, **G2588**; I. the heart A. that organ in the animal body which is the centre of the circulation of the blood, and hence was regarded as the seat of physical life B. denotes the centre of all physical and spiritual life i. the vigour and sense of physical life ii. the centre and seat of spiritual life a. the soul or mind, as it is the fountain and seat of the thoughts, passions, desires, appetites, affections, purposes, endeavours b. of the understanding, the faculty and seat of the intelligence c. of the will and character d. of the soul so far as it is affected and stirred in a bad way or good, or of the soul as the seat of the sensibilities, affections, emotions, desires, appetites, passions C. of the middle or central or inmost part of anything, even though inanimate.

Your “heart” is the center of your thoughts of your mind. That which is the most vital part of your life! That which has the greatest interest in your life whereby you give the center of your time, focus and energy to. Your “treasure” is what you store, keep, desire the greatest in your heart. When your relationship with God is what you “Treasure” the most in your mind (soul) then He causes His benefits to favor you in everything you do in life. **Proverbs 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding. 6 In all thy ways acknowledge him, and he shall direct thy paths.** Therefore, the Lord exhorts you in **Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life.**

God’s **purpose in meditation** is to have our mind’s restored in proper relationship with Him through Christ Jesus, so that He can download His thoughts and ways into our hearts (minds), and we can begin to contemplate with superior tools as we receive His sayings from His mouth. **Proverbs 23:7A For as he thinketh in his heart, so is he: Isaiah 55:11 So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.** Those sayings that you receive from the Lord are mandated by His power to happen in your life!